

# ITX POLICY ANALYSIS USING INTERRUPTED TIME SERIES: SYLLABUS

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**UBCx UNIVERSITY OF BRITISH COLUMBIA**

## COURSE DESCRIPTION

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In this course, we comprehensively introduce you to interrupted time series analysis (ITS) and regression discontinuity designs (RD) from start to finish. These intuitive study designs allow rigorous analysis of the effect of policy changes, and are especially useful where setting up an experiment is not practical or feasible.

In week 1 we introduce the design and discuss relevant data sources. In week 2 we set up data, and conduct analysis of the simplest case, a single interrupted time series. In week 3 we add a control group, which may be an option to add strength to your analysis. In week 4 we go over solutions to potential pitfalls and special cases for analysis, before wrapping up in week 5 by covering regression discontinuities and covering any additional issues that arise during the course.

Throughout the course, you'll gain practice using R software to complete analysis and answer questions. You will also develop a real-life research proposal that could form the basis of future research. At the conclusion of the course, you will have all the tools necessary to propose, conduct and correctly interpret an analysis using ITS and RD approaches.

## REQUIREMENTS

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Participants should have a basic understanding of linear regression techniques, including familiarity with data manipulation and analysis using a major statistical package (e.g. R, SAS, SPSS, STATA.).

## COURSE TEAM

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*INSTRUCTOR:* Dr. Michael Law, Associate Professor, University of British Columbia, Vancouver, Canada

## COURSE FORMAT

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Each week, we'll introduce materials through a combination of text and video instruction. Throughout the course, we have interleaved short questions below the videos to test your understanding of key concepts. These unmarked questions have been included to help you consolidate your knowledge of each concept, and check your own understanding of the material. You can submit your answers as many times as you would like.

## **GRADED ASSIGNMENTS**

Your final grade will be based on weekly quizzes worth 100% of your final grade. A passing grade in this course is 50%.

## *WEEKLY QUIZZES*

Each week you will complete short quizzes based on your understanding of the weekly topics. To prepare for these quizzes ensure that you watch all of the weekly videos and complete the video

# COURSE OUTLINE

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## WEEK 1: INTRODUCTION

### *TOPICS COVERED:*

- Internal Validity
- Observational Study Designs
- Interrupted Time Series
- Analysis Steps
- Introduction to R and RStudio

### *READINGS:*

Penfold R and Zhang F. Use of Interrupted Time Series in Evaluating Health Care Quality Improvements. *Academic Pediatrics* 13(6):S38-S44.

<http://www.academicpedsjnl.net/article/S1876-2859%2813%2900210-6/abstract>

Jandoc R et al. Interrupted time series analysis in drug utilization research is increasing: systematic review and recommendations. *Journal of Clinical Epidemiology* 68(8): 950-956.

<http://www.jclinepi.com/article/S0895-4356%2815%2900123-7/abstract>

Taljaard et al. The use of segmented regression in analysing interrupted time series studies: an example in pre-hospital ambulance care. *Implementation Science* 9(77): B8.

<http://www.implementationscience.com/content/9/1/77#B8>

### **Optional Further Readings**

Shadish, Cook & Campbell. *Experimental and Quasi-experimental Designs for Generalized Causal Inference*. Houghton Mifflin 2002.

## WEEK 2: MODELING AN INTERRUPTED TIME SERIES

### *TOPICS COVERED:*

- Data Setup
- Preliminary Analysis
- Autocorrelation
- Run Final Model
- Plot Results and Predict Changes
- Proposal Assignment: Background and Objectives

*READINGS:*

Serumaga B, et al. Effect of pay for performance on the management and outcomes of hypertension in the United Kingdom: interrupted time series study *BMJ* 2011; 342:d108

<http://www.bmj.com/content/342/bmj.d108>

**WEEK 3: ADDING A CONTROL GROUP**

*TOPICS COVERED:*

- Data Setup
- Preliminary Analysis
- Autocorrelation
- Run Final Model
- Plot Results and Predict Changes

*READINGS:*

Santa-Ana-Tellez Y, Mantel-Teeuwisse AK, Dreser A, Leufkens HGM, Wirtz VJ (2013) Impact of Over-the-Counter Restrictions on Antibiotic Consumption in Brazil and Mexico. *PLoS ONE* 8(10): e75550.

doi:10.1371/journal.pone.0075550

<http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0075550>

**WEEK 4: ITSx EXTENSIONS**

*TOPICS COVERED:*

- Advanced modeling issues in ITS and RD
- Non-linear trends
- Differencing
- “Wild” points and transition periods
- Adding a second intervention

*READINGS:*

Garabedian L et al. Impact of universal health insurance coverage in Thailand on sales and market share of medicines for non-communicable diseases: an interrupted time series study. *BMJ Open*

2012;2:e001686 doi:10.1136/bmjopen-2012-001686

<http://bmjopen.bmj.com/content/2/6/e001686.abstract>

Law MR et al. Effect of illicit direct to consumer advertising on use of etanercept, mometasone, and tegaserod in Canada: controlled longitudinal study *BMJ* 2008; 337 :a1055

<http://www.bmj.com/content/337/bmj.a1055>

Valiyeva E, et al. Effect of regulatory warnings on antipsychotic prescription rates among elderly patients with dementia: a population-based time-series analysis. *Canadian Medical Association Journal* 179.5

(2008): 438-446.

<http://www.cmaj.ca/content/179/5/438.full>

Lee DS and Lemieux T. Regression Discontinuity Designs in Economics. NBER Working Paper w14723 (2009).\*

<https://ideas.repec.org/p/nbr/nberwo/14723.html>

\* Note: this paper is very technical, so don't worry about understanding every detail. We have included it as it provides a good overview of the method and some excellent examples from the literature.

## **WEEK 5: REGRESSION DISCONTINUITIES**

### *TOPICS COVERED:*

- Regression discontinuities
- Other statistical packages