



SYLLABUS

ABLE 101x – Through my Eyes – Intellectual Disability Healthcare around the World

ABOUT THE COURSE

ABLE101x – Through my Eyes – Intellectual Disability Healthcare around the World focuses on the stories of people with intellectual disabilities around the world, as well as their families and supporters. You will learn about the challenges and aid received in healthcare for people with intellectual disabilities, including their experience of specific syndromes and communication difficulties, and how they stay healthy.

Learners will also hear from family members as they discuss complex care, rare syndromes, early death, and planning for independence. The end of the course will focus on the history of treatment, the impact of rights movements on healthcare delivery, common health conditions, and health promotion.

INTENDED AUDIENCE

This course is open to anyone, but will be of particular relevance to those in the field of advanced medical, allied health, and disability. This course can also be used as workforce education for medical professionals in this field.

COURSE LENGTH

If you plan to complete the course, expect to spend between 5 and 10 hours in total.

EXPECTED LEARNING OUTCOMES

Through my Eyes - Intellectual Disability Healthcare around the World has the following learning goals:

- Recognise barriers and enablers that people with intellectual disability, their families, and their carers live with daily
- Appreciate how physical appearance, communication, and behaviour may influence perceptions
- Describe how the historical mistreatment of people with intellectual disability has affected our attitudinal stance today
- Understand how international rights movements can influence healthcare
- Identify the common health conditions experienced by people with intellectual disability
- Outline health promotion and health assessments for people with intellectual disability

LEARNING PATHWAYS

Able101x is the first course of three in the Able XSeries. This XSeries has been designed to influence, empower, and educate a wider population to improve the health and healthcare of people with intellectual disability.

In our three courses, you will learn best practice in the field of intellectual disability healthcare and gain knowledge to improve health outcomes for this disadvantaged group. Each course can be completed independently of the others.

COURSE OUTLINE

PART 0 - Welcome to Able101x

- Introduction and learning goals
- Meet the team
- A few questions about you
- Meet your fellow students
- Defining Intellectual Disability
- Endorsement

PART 1 – Through my eyes

- Introduction
- The road to independence
- Leading by example
- Resilience
- Discussion
- Resources

PART 2 – How I look, How I connect

- Introduction
- Looking forward
- Standing out - Autism
- Moving differently
- Effective communication
- The ways people communicate
- Discussion
- Resources

PART 3 – My child, my sibling

- Introduction
- The road forward
- Complex care
- Passing too soon
- Discussion
- Resources

PART 4 – Health rights and staying healthy

- Introduction
- Health rights
- Health issues
- Health promotion and health assessments
- Discussion
- Inspired to be healthy
- Resources

COURSE NAVIGATION

Each time you log in to the course, you will land on the 'Home' page where you will see announcements, course information, and links to handouts. There are several other tabs across the top of the page:

Course: This area holds the course content – videos, activities, assessments etc. You should generally work through the course in the order in which it is presented. The sections are listed in the left-hand navigation bar (in blue text) and when you click on one, the sub-sections (in black text) will be displayed. A blue icon indicates subsections that contain graded assessments.

COURSE NAVIGATION - CONTINUED

Each sub-section holds a varying number of units (usually between 1 and 10). These are displayed across the top of the screen in the horizontal bar.

Tip! It can be easy to miss some of the content in these units if you generally work in learning platforms where navigation is done from the sidebar. In the edX environment you need to navigate using both the left side bar and the bar at the top of the page.

Discussion: This tab takes you to all of the discussions for the course. We encourage you to engage with others in the class on the forums, ask questions, and share information. Please be respectful of others' views, help each other, and engage with each other meaningfully.

Progress: This tab shows your progress and grades for all completed assessments in the course.

ASSESSMENT AND COMPLETION REQUIREMENTS

This course contains both ungraded and graded assessment. If you want to receive an ID Verified Certificate, you will need to complete and pass all of the graded assessment. You will need to obtain an overall mark of at least 50% over all of the graded assessment items in order to pass the course.

HONOR CODE AND ACADEMIC INTEGRITY

This course is offered online and we encourage collaboration and help between students, but please avoid asking for and posting final answers. Violations of the honor policy undermine the purpose of education and the academic integrity of the course. We expect that all work submitted will be a reflection of one's own original work and thoughts.

Additionally all students are expected to follow the EdX Rules of Online Conduct, available at <https://www.edx.org/edx-terms-service>.